

# there is so much more than 'just stitching'

https://www.oregonpatchworks.com/embroidery/collection/PBIM





Color Chart:

Middle Part.art60

7.83x10.80 inches; 5,865 stitches

28 thread changes; 5 colors

- 1. Machine Stop Color 1
- 2. Machine Stop Color 2
- 3. Machine Stop Color 1
- 4. Machine Stop Color 2
- 5. Machine Stop Color 1
- 6. Machine Stop Color 2
- 7. Machine Stop Color 1
- 8. Machine Stop Color 2
- 9. Machine Stop Color 1
- 10. Machine Stop Color 2
- 11. Machine Stop Color 1
- 12. Machine Stop Color 2
- 13. Machine Stop Color 1
- 14. Machine Stop Color 2
- 15. Machine Stop Color 1
- 16. Machine Stop Color 2
- 17. Machine Stop Color 1
- 18. Machine Stop Color 2
- 19. Machine Stop Color 1
- 20. Machine Stop Color 2
- 21. Machine Stop Color 1

- 22. Machine Stop Color 2
- 23. Machine Stop Color 1
- 24. Machine Stop Color 2
- 25. Machine Stop Color 1

26. Red Warm

27. Charcoal

28. Green Dark Medium

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### Part 1.art60

7.83x10.79 inches; 3,798 stitches

14 thread changes; 5 colors

- 1. Machine Stop Color 1
- 2. Machine Stop Color 2
- 3. Machine Stop Color 1
- 4. Machine Stop Color 2
- 5. Machine Stop Color 1
- 6. Machine Stop Color 3
- 7. Machine Stop Color 2
- 8. Machine Stop Color 1

- 9. Machine Stop Color 2
- 10. Machine Stop Color 1
- 11. Machine Stop Color 2
- 12. Machine Stop Color 1
  - 13. Charcoal
- 14. Green Dark Medium

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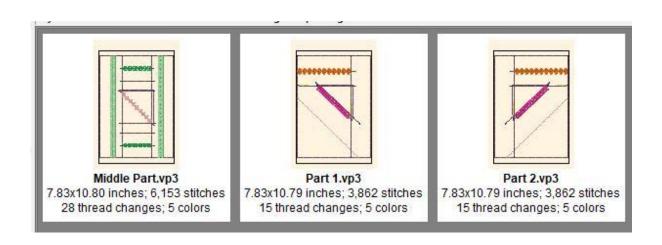
### Part 2.art60

7.83x10.79 inches; 3,798 stitches

14 thread changes; 5 colors

- 1. Machine Stop Color 1
- 2. Machine Stop Color 2
- 3. Machine Stop Color 1
- 4. Machine Stop Color 2
- 5. Machine Stop Color 1
- 6. Machine Stop Color 3
- 7. Machine Stop Color 2
- 8. Machine Stop Color 1
- 9. Machine Stop Color 2

- 10. Machine Stop Color 1
- 11. Machine Stop Color 2
- 12. Machine Stop Color 1
  - 13. Charcoal
- 14. Green Dark Medium



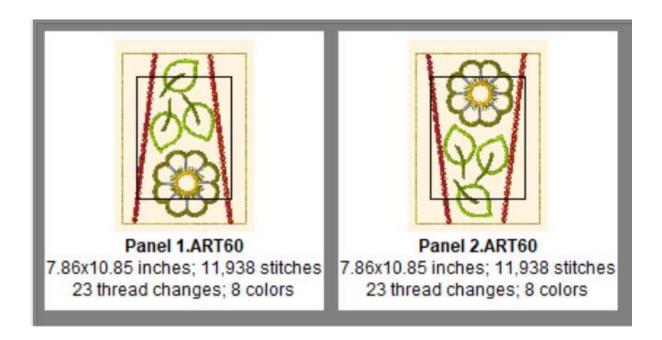
Color Chart

Panel 1 and 2

7.86x10.85 inches; 11,938 stitches

23 thread changes; 8 colors

- 1. Machine Stop Color 1
- 2. Machine Stop Color 2
- 3. Machine Stop Color 1
- 4. Machine Stop Color 2
- 5. Machine Stop Color 1
- 6. Machine Stop Color 2
- 7. Red Warm
- 8. Machine Stop Color 1
- 9. Machine Stop Color 2
- 10. Machine Stop Color 1
- 11. Machine Stop Color 2
- 12. Black and Gold Varigated
- 13. Black and Silver Varigated
- 14. Yellow Dark
- 15. Black and Gold Varigated
- 16. Machine Stop Color 1
- 17. Machine Stop Color 2
- 18. Machine Stop Color 1
- 19. Machine Stop Color 2
- 20. Machine Stop Color 1
- 21. Machine Stop Color 2
- 22. Green Apple
- 23. Green Olive



#### Materials needed:

- Medium plain fabric for hooping
- 43x12cm / 17.2x4.8in main fabric to applique main design onto (cut 2)
- 31x8cm / 12.4x3.2in contrast color fabric for upper and lower area of panels (cut 4)
- Low loft batting
- 505 spray
- Fabric for lining (2) and backing (1)
- Applique fabric for flower and leaves.
- Fabric for the sides (see more info as you go)
- Fabric for upper area to create the tunnel for the carrier cord (see more info as you go)
- 2 Self-made or purchased loops for the lower area of the back pack to thread the cord through.
- Approx. 1.75m /7in cord about 2cm / 0.8 in thick (cut 2)
- Bodkin to thread the cord

## Method:

Hoop your plain medium fabric and stitch 1<sup>st</sup> color. Place batting inside hoop and stitch next 2 colors.

Color 3 is the placement area for the main fabric. Trim batting all around the outer edge.







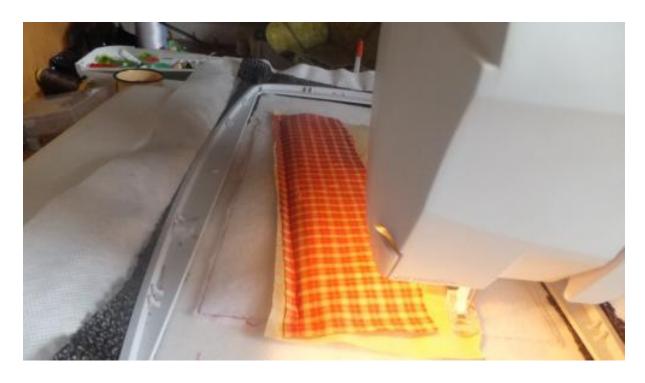
Place main fabric as shown. Stitch in place with color 4. Trim the 2 longer edges.





Place one of the contrast fabrics wrong side up so the longer edge just covers the stitching line as shown. Stitch next color. Fold fabric over and finger press. Repeat with  $2^{nd}$  fabric strip. Use a little 505 to secure the 2 fabric strips down and stitch next 2 colors.







The last color stitched is the placement indicator for the fabric flower. Place fabric, stitch following color and trim excess by cutting as close as possible along the narrow zigzag.







Repeat procedure with the inner area of the flower. Do all embroidery until color 16 is next (placement indicator for the 1<sup>st</sup> leaf).





Place fabric and stitch in place with next color. Trim as done with the flower. Repeat procedure with the 2 leaves left. Do all stitching.





Remove work from hoop and neaten edges with a 1 cm seam allowance (best done from the back).



Create the 2<sup>nd</sup> panel in the same way.



Pin or clip the 2 parts together as shown and sew with a 1 cm seam allowance. Trim seam allowance and carefully press seam.





Decide on how wide you want the 2 side parts. Mine are approx. 12cm / 4.8 in. They need to be as long as the 2 assembled main panels are high. Use 505 and bond batting to the wrong side of each fabric piece.



Attach side panels.



You have now created the template for the back part and the lining. Use it to cut 2 lining fabrics, 1 back fabric and the same size batting. Use 505 and bond it to the wrong side of the backing fabric.

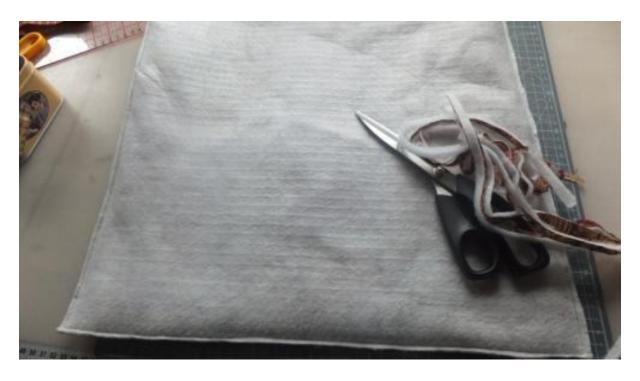


Pin the 2 loops near the bottom corners of the front part as shown.



Position the back-part batting side up to the right side of the front part. Sew both sides and bottom together with a 1 cm seam allowance. Trim seam allowance and turn project inside out.







Also sew the lining fabrics together the same way. Leave a gap at the bottom to be able to turn your back pack inside out at a later stage. Leave as is and set aside.



For the tunnel part cut 4 fabric strips, 2.5cm/1in shorter on each side as the bag is. Re-enforce 2 fabric strips with fusible interfacing.



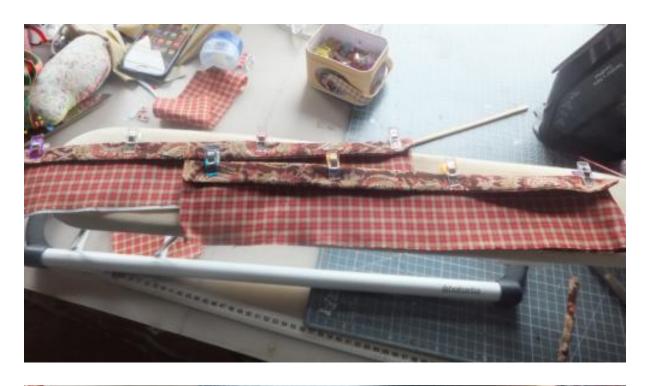


Place 2 strips right sides together and sew with a 1 cm seam allowance along the 2 sides and one longer edge. Trim seam allowances and turn inside out. Press.



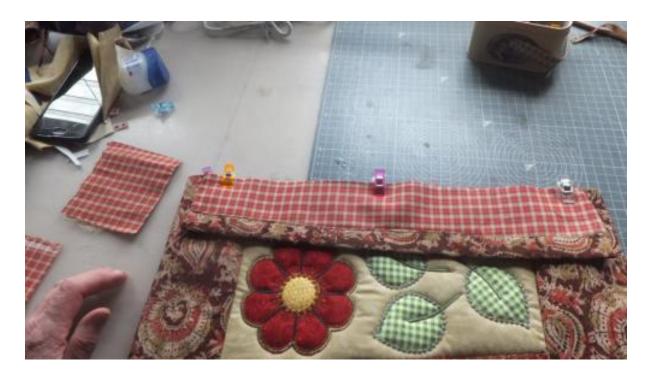
Press about 2.5cm / 1 in to the other side along the closed edge. Pin/clip and sew to form the tunnel.







Next 'tack-clip' the 2 tunnel sections raw edges matching to the upper edges of the bag as shown.



Pull the lining over the bag all the way up right sides together and raw edges meeting. The tunnel sections are now sandwiched in between the lining and the main part. All raw edges meet. Re-clip (or pin) and stitch with a 1 cm seam allowance all the way around the upper edge.



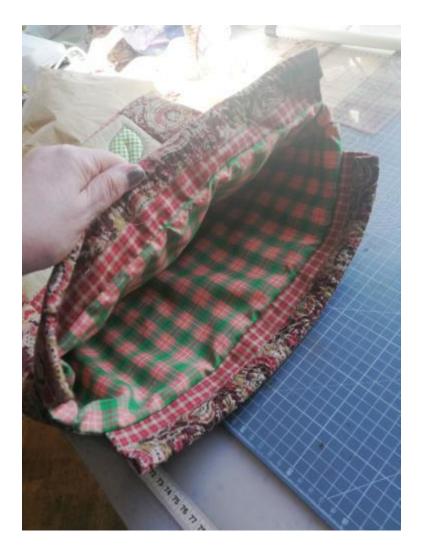


Trim seam allowance and turn project inside out through the bottom opening on the lining part. Close it with a few machine stitches.

Push the lining inside and steam iron along the upper edge.

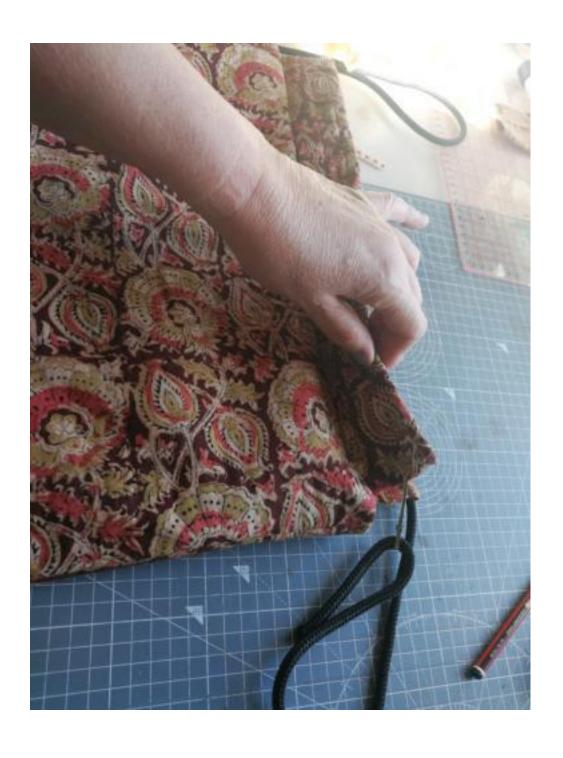


Threading the cord is easy:



Use your bodkin and thread one of the 2 prepared cord pieces through both tunnels.







Repeat procedure with the 2<sup>nd</sup> cord, but starting from the opposite side.



Pull on both cords until all 4 ends are even.

Thread only 1 end into the loop on each side and create a knot.



Your back pack is done and ready to use!



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