



### Instructions for Place Mats



**Finished Size 32.5 cm x 32.5 cm**

#### **You need:**

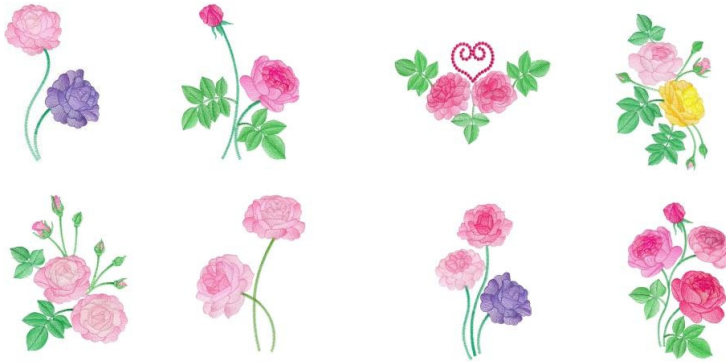
- You can use designs from either Lite Roses (Set 4 large) or Lite Roses (Set 2 extra large). The designs are basically the same – only the size varies.
- Woven cotton or linen – enough for 8 stitch-outs in the 5x7 inch (12.7 x 17.78 cm) hoop or the 6x8 inch (15.24 x 20.32 cm) hoop
- Co-ordinated border fabric
- Batting
- Plain white cotton or polyester fabric for backing
- Bias binding
- Rayon or polyester embroidery thread
- pre wound bobbins or bobbin thread to wound your own bobbins
- Stabilizer for backing while embroidering designs.

**N.B. Seam allowances are 1cm.**

**Measurements given for border fabric MUST first be checked to see if they are correct for your particular project.**

## 1. Prepare the Stitch-outs

These are the blocks you are going to use:



Cut each stitch-out to 22cm square. I use a template for this purpose.



## 2. Add border to stitchout

Cut the following strips from your first color fabric:

- 8 strips measuring 22 x 7 cms
- 16 strips measuring 27.5 x 7 cms
- 8 strips measuring 32.5 x 7 cms

First join one short strip to each stitch-out. Next add one medium strip to each stitch-out, followed by another medium strip. Finally join one long strip to each block.



3. **Batting and backing**

Layer each place mat from the bottom up with backing fabric, batting, and top layer. Pin securely.



4. **Quilting**

Stitch in the “ditch” using white thread around the outer edge of each stitch-out. Trim back any excess batting and backing.

5. **Bias Binding Edge**

Sew bias binding around the edge, and finish off by hand stitching on the back side of the project.





YOUR PROJECT IS COMPLETE!





