

## JHB203 ITH Sewing Mug rugs 5x7 freebie

Thank you so much for downloading this freebie. Although I am giving you the colors that I have used, you are so welcome to make these mug rugs in the colors of your choice. After the color chart, you will find the instructions of how I have made these. So please scroll down and let the fun begin!

### Color chart

I used Marathon thread number 1323 for the outside satin stitching as well as for the frame around the sewing motive and then for the lettering I used Marathon thread number 1057.

I have however put color stops in between each word if you wish to do each word in a different color.

The pictures in the instructions are from the actual set, but the procedure is the same.

### You need

Fabric for the top of your mug rug

Fabric for the lining of your mug rug – can be the same as the top fabric or a contrast

Compressed batting

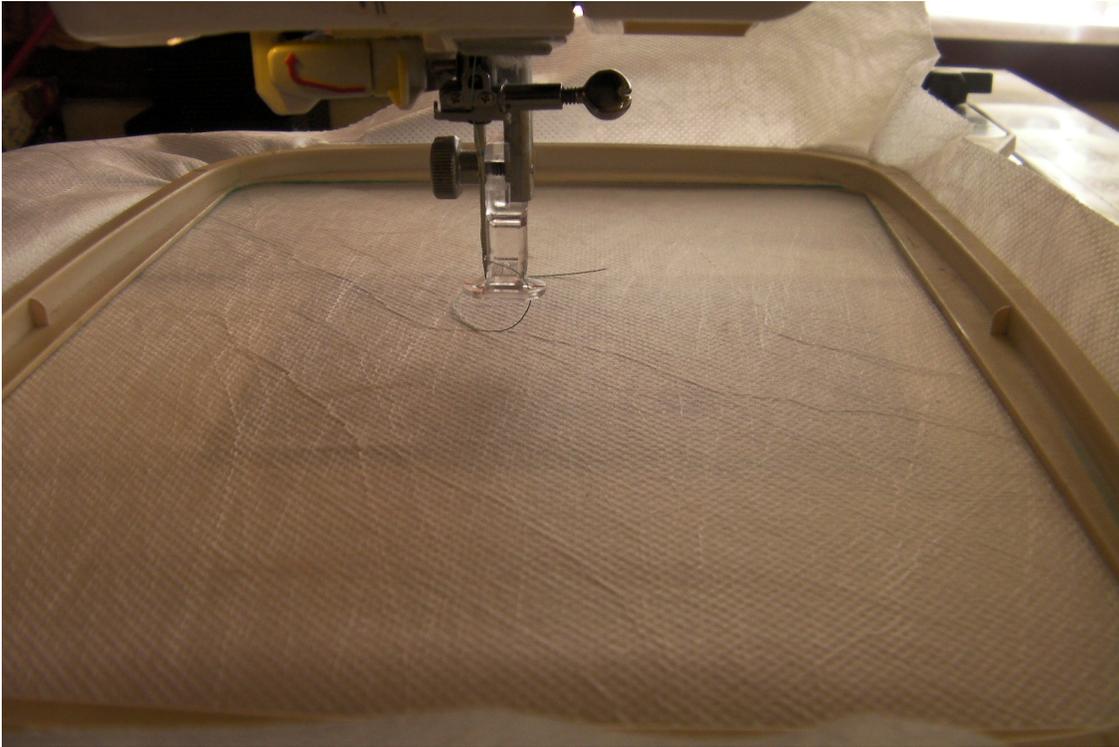
Avalon Plus – not the plastic one guys! The stitch count is too high and your stabilizer will split.

You can also use cut away – the choice is yours. I personally prefer cut away and once I have carefully cut my design out of the stabilizer, I just burn the last little bit of fuzzies off with a lighter.

Threads of your choice

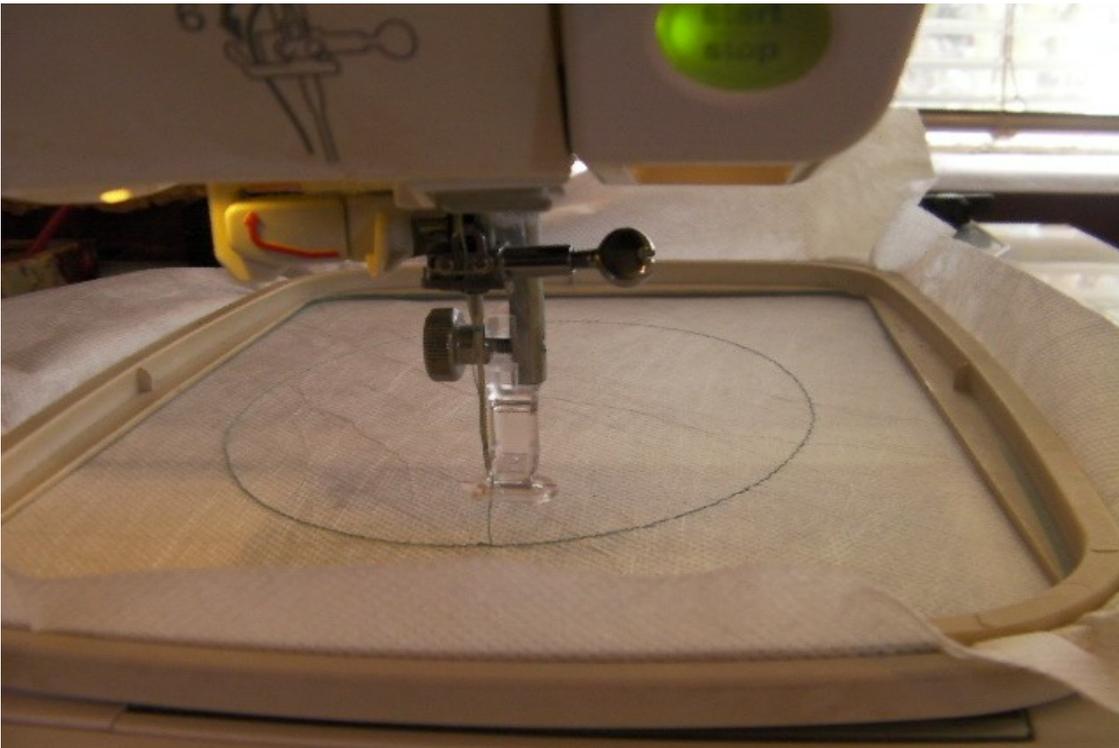
### Procedure

Hoop up with one layer of stabilizer.



Thread up your machine with the color you are going to do the satin stitch outline around the mug rug. Matching your top and bobbin thread.

Stitch the first color line directly onto your stabilizer, this is a placement line of where your batting is going to go.



Float your batting over this placement line.



Secure the batting with the next color line. This is a double run stitch line.



Remove hoop from the machine, but not the design out of the hoop, and cut away the excess batting.



Place the hoop back on the machine and float your top fabric over the batting, right side up.



Secure with the next color line.



**DO NOT CUT AWAY EXCESS FABRIC YET, THIS WILL HAPPEN LATER.** If you cut away the excess fabric now, it will pull out from under the run stitches, and you do not want that. Stitch the design detail of the design, first the frame part will stitch and then the design inside the frame.



Next up you are going to add the lining of the mug rug. Float the lining underneath the hoop, right side facing down. Change your top and bobbin thread back to the color you are going to stitch the satin stitch outline in.



Secure with the next color line. This is a run stitch line and a zigzag line.



Remove hoop from the machine, but not the design out of the hoop, and cut away the excess fabric on top and underneath the hoop.



Place the hoop back on the machine and stitch the final satin stitch outline.



Cut the design out of the stabilizer and if you have used Avalon Plus, wash out the stabilizer and dry flat. Once dry, lightly press on the reverse and you are ready to use your mug rug!

Enjoy!

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Kind regards  
Helena